

Acorn Wellness Coaching

Privacy Policy

Last updated: 4.2.26

Who we are

This website is operated by Acorn Wellness Coaching
Website: www.acornwellnesscoaching.co.uk

Contact: info@acornwellnesscoaching.co.uk

What information we collect

When you sign up for a free/paid resource or join our email list, we collect:

- Your email address
- Your name (only if you choose to provide it)

We may also collect basic website analytics data (such as page visits) to understand how our site is used.

Why we collect your information

We collect your information to:

- Send you the resource you requested
- Send occasional emails/newsletter with helpful content, updates, and offers

You can unsubscribe at any time using the link in any email.

How your information is stored

Email addresses are stored and processed using third-party email marketing services. We may also store a secure copy of our email subscriber list using Microsoft for administrative and backup purposes. We do not sell or share your personal information with others for marketing purposes.

Your rights

You have the right to:

- Access the personal data we hold about you
- Request corrections or deletion of your data

To do so, contact us at info@acornwellnesscoaching.co.uk

Cookies

This website may use cookies for basic functionality and analytics. You can disable cookies in your browser settings if you prefer.

Changes to this policy

This policy may be updated from time to time. The latest version will always be available on this page.